



**SHASTA COUNTY
INDEPENDENT
LIVING PROGRAM**

**PROGRAM BULLETIN
October 2007**

Etiquette Dinner: The annual Etiquette dinner will be coming up at the end of November. We will have a regular ILP Group for everyone in November but the Etiquette Dinner is by invitation only. Each caseworker will be picking clients who have worked with their caseworker, participated in ILP groups, the garden, and other ILP activities throughout the year. An invitation will be sent to those youth who are invited. Please try to arrange to wear nice attire. The boys usually wear slacks and a dress shirt and the girls can wear a dress or a pant suit (no jeans and tee-shirts). Only youth who can attend unsupervised should RSVP.

Pizza Night: Our next Pizza Night will be on Tuesday, October 23rd, from 4:30pm-6pm at the Roundtable in the Mt. Shasta Mall. Only youth who can come unsupervised should attend as this is time for them to interact with peers, talk to their ILP caseworker and relax. David Morris, our youth support worker, will be able to make this meeting to talk about CYC.

Experiential Group: Please make sure you sign up for this experiential group, by **October 15th**, or we will not have room for you (**NO EXCEPTIONS**)!!!!!! Our next experiential group will be a crock pot cooking class. Each youth will receive a crock pot to take home. Youth will partner up to create a crock pot dinner to take home with them. We will have crock pot recipes for the youth to take home and practice with. The class is from 4-6pm, Tuesday October 30th, at Howell Hall in the Downtown Mall. Please RSVP to Scottie Sewart at 365-9197.

Foster Youth Garden:

Please remember that the garden hours for the fall and winter are Tuesdays from 4-6pm. You can drop off youth and an ILP caseworker will be there to supervise.

We are planting our fall crops. The garden harvest has begun to slow and I think the youth are a little grateful. Many hours were spent harvesting this summer as the garden turned out to be much more productive than we expected for the first year. THP, aftercare youth, the Mission and the Senior Emergency Food Bank at Golden Umbrella all received food from the garden throughout the summer. A pat on the back goes out to all the youth who continually show up and work hard at the garden.

Are you a youth who would like to participate and possibly help run our Farmer's Market program next spring and summer? Our youth support worker, David Morris, will be taking applications for positions for our Garden Youth Board. He will be picking 4 youth to work with him, through the fall and winter to prepare to sell next summer at the Farmers Market. The youth **MUST** be able to participate in a monthly meeting, starting in October, with David. The board will work to get the county Ag Department approval, apply to a chosen Farmers Market and be the first to be able to work, next spring and summer selling at the Farmers Market. Each youth will receive an incentive for their participation. The applications will be available, through September. Please contact David Morris at 365-9260 ext 106 if you are interested. David only works on Tuesdays so please allow time for him to return your phone call. You may also pick up an application at the ILP Pizza Night.

Cooking Class: Jen, just one of our awesome caseworkers, put on a small pumpkin pie cooking class for some of the THP youth. The youth took some of the pumpkins from our Foster Youth Garden and made

the pie crust and pies from scratch. I have never had such great pumpkin pie. The youth had to hide the extra from everyone to be able to take it home with them .GREAT JOB!!!!!!

Exit Exams: Many schools have the high school exit exams planned for October. Please take the testing days seriously as we have youth who are completing all of their credits but still need to pass the exit exam as seniors. Take the time to do all of those things that seem so silly (get a good nights sleep, eat a good breakfast and take the test seriously). If you find that you are having trouble in a certain subject area, please let your ILP caseworker know and we will help you get the support you need to overcome a tough subject. Ask for help with basic test taking skills too.

Donation Center: We tend to go in waves when receiving different donation items. We currently need more dressers and small dining room tables. We can always use any household item that will help the youth get started in their first apartment. If you have a donation, please call David Morris, our youth support worker, at 365-9197. Please remember that he only works on Tuesdays so it may take a few days to return your call.

Teens 16 and up that are in placement are entitled to ILP services. If you know of a youth that has not been referred aged sixteen or up, who lives in a foster home or group home please contact ILP. ILP serves teens placed from other counties as well as Shasta County teens. In order for ILP to serve foster care youth, ILP requires a current Transitional Living Plan completed by the youth with his or her county social worker or probation officer. The TILP is the responsibility of the county social worker or probation officer and should be completed every 6 months, starting at age 15.5. Former foster youth aged 16 to 21, who were in placement at 16 or older, can call Shasta County ILP for support in the areas of employment, housing, connecting with community resources and more. Contact ILP to determine eligibility.

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For more info, visit us at: www.shastailp.org