



**SHASTA COUNTY  
INDEPENDENT  
LIVING PROGRAM**

**PROGRAM BULLETIN  
December 2007**

**Experiential Group for December:** Studies show that approximately 50% of foster youth are parents by their 19<sup>th</sup> birthday. Do you have questions about making healthy choices in a relationship? Join us for our monthly experiential group on choices around sex, relationships and staying healthy with Shasta County Nurse Maggie. The class will be held on December 6<sup>th</sup>, from 4:30 – 6pm at Howell Hall, in the Downtown Mall. Come at 4:00pm and join in on a CYC meeting with David Morris until 4:30pm.

**Pizza Night:** We will be taking a break from Pizza Night for the month of December as we will be meeting with our Shasta College Aftercare Youth with the Shasta College Foster Care Liaison. We will be back on track in January.

**CYC Meeting:** The first CYC meeting was held on Tuesday, November 20<sup>th</sup>. The youth got together to talk about the basics structure of CYC, Day at the Capital and future plans. We will be holding our next CYC meeting at 4pm on December 6<sup>th</sup> at Howell Hall in the Downtown Mall (just before our experiential group).

**Foster Youth Garden:**

**\*\* Please remember that the Foster Youth Garden will be closed for the month of December and the first two weeks of January. Check next months bulletin for starting days and times.**

Are you a youth who would like to participate and possibly help run our Farmer's Market program next spring and summer? Our youth support worker, David Morris, will be taking applications for positions for our Garden Youth Board. He will be picking 4 youth to work with him, through the fall and winter to prepare to sell next summer at the Farmers Market. The youth **MUST** be able to participate in a monthly meeting, starting in October, with David. The board will work to get the county Ag Department approval, apply to a chosen Farmers Market and be the first to be able to work, next spring and summer selling at the Farmers Market. Each youth will receive an incentive for their participation. The applications will be available, through September. Please contact David Morris at 365-9260 ext 106 if you are interested. David only works on Tuesdays so please allow time for him to return your phone call. You may also pick up an application at the ILP Pizza Night.

**Aftercare Youth Only:** We will be delivering Christmas Trees to Aftercare Youth in their own apartments on December 4<sup>th</sup> and Christmas Dinners to Aftercare youth in their own apartments on December 18<sup>th</sup>. Please make sure that someone is there to accept the groceries and trees as we don't like to leave them on the porch.

**FROM EVERYONE AT SHASTA COUNTY ILP AND YOUTH AND FAMILY PROGRAMS  
HAVE A HAPPY HOLIDAY AND STAY WARM☺!!!!!!!!!!**

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